Lab Works 2

RADA

by MA Theatre Lab

Plastic Flowers created and performed by Joshua Aiu

For the Sake of Now

created and performed by Ethan Bareham, Jack Clark, Georgia Gabrielides and Lucy Laverty

LIBERATING: She Dances in Chains Created and performed by Xiaoyao Luo 罗逍瑶

Nelia

created and performed by Inge Crafford-Lazarus

Yasmin

created and performed by Sook Kuan Tang

as above, so below

created and performed by Pat Dynowska and Corinne Soland



MA Theatre Lab 2025



Joshua Aiu



Ethan Bareham



Oleksandra Barstok



Jonah Buksbaum



Jack Clark



Emma Yvette Conlon



Inge Crafford-Lazarus



Montserrat Cuellar Mestas



Pat Dynowska



Will Choy Edelson



Olga Fedorishcheva



Marianna Fornari



Georgia Gabrielides



Tara Kitson



Lucy Laverty



Xiaoyao Luo



Nash Nørgaard



Corinne Soland



Sook Kuan Tang



Scan the QR code to see the MA Theatre Lab student profiles.

Creative and Production Team

Creative Mentors for Lab Works: Ramon Ayres, Eyglo Belafonte, Emma Clark, Gemma Crooks, Chiara D'Anna, Tim Dodd, Lesley Ewen, Simon Gleave, Khairul Kamsani, Peta Lily, Ian Morgan, Dan Sherer, Christopher Sivertsen and PJ Stanley

Producer and Creative Mentor: Ian Morgan (Course

Leader MA Theatre Lab)

Lighting Designer Matt Leventhall
Associate Lighting Designer Lara Fleming
Sound Designers The company with support from
Clara McDevitt and Lydia Hervey

Sound Facilitators Clara McDevitt and Lydia Hervey Production Electricians Kit Jamieson, Leanne Mitchell Vocal Support Suzanne West Singing Support: Mark Oldfield Stage Manager Amelia Barrett Deputy Stage Managers Aino Teppo, Rachel Wilkinson Costume Supervisor Sophie Reshad



RADA Big Give Christmas Challenge Support the next generation of creative talent and become a part of RADA's extraordinary legacy.



Donate between 2–9 December 2025, and your gift will go twice as far — every pound will be doubled.

Scan the QR code or email development@rada.ac.uk

Winter Cabaret 4 December 2024, 7pm

Special thanks to Jacob Henney



Join us for RADA's Winter Cabaret 2025, a sparkling evening of music, performance and celebration, hosted by RADA alumni Tanya Moodie and directed by Nona Shepphard.

Expect to see many familiar RADA faces fill the stage, with work celebrating this joyous time of year.

Join us as we raise a final toast to 2025 and to all those who make RADA's work possible.



Scan the QR code for more information and to book or contact development@rada.ac.uk

Lab Works 2

Lab Works is a festival of new theatre and performance 'works in progress', created by the students over the last month with support from our Creative Mentors. Performances developed out of Lab Works have gone on to appear in theatres and festivals around the world.



Plastic Flowers

created and performed by Joshua Aiu

In a world demanding "good vibes only," what is the cost of perfection?

Plastic Flowers is a gripping solo show that puts our curated lives under a microscope. We meet LEO, a man who appears perfectly put-together in a chic restaurant. His smile may be practiced, but his charm feels hollow, and his entire life seems like a performance. Beneath his flawless exterior, a frantic, silent anxiety is building. This play is an unflinching look at the pressure to perform happiness and the agonizing gap between a flawless public self and the reality hidden underneath.

Content warnings: loud noises.



For the sake of Now

created and performed by Ethan Bareham, Jack Clark, Georgia Gabrielides, Lucy Laverty

Welcome aboard your luxury cruise – and curated farewell journey!

Adrift in a floating world of pleasure, there is no return – only discovery. Every sunrise invites reflection and every tide carries a memory as passengers confront their fleeting time. An unforgettable voyage evolves into a meditation on loss, legacy, love, and the quiet grief that lingers long after we're gone.

Content warnings: references to suicide, miscarriage, terminal illness, death.



LIBERATING:

She Dances in Chains

created and performed by Xiaoyao Luo 罗逍瑶

Trained to dance in chains, a body forgets how to move once unshackled. A solo about discipline,

masking and the paradox of agency within constraint. It sketches a world of internalised surveillance and self-regulation, where external command slides into voluntary compliance and performance hardens into habit. With chains, masks and the body as its image field, it asks: when conduct is measured from within, what might freedom be? She dances in chains. She chooses to. Does she?

Content warnings: simulated restraint with metal chains; repetitive sounds; cultural death imagery.

More immediately, the group will have the chance develop these performances over the next few months for the Lab Re-Works alumni residency in July at the Notting Hill Coronet Theatre. So please do offer some feedback, if you get the chance, after the show.



Nelia

created and performed by Inge Crafford-Lazarus With music by George Gershwin and Béla Bartók

Her name is Nelia and she lives in a circle. Bad things have happened here, but she wouldn't feel safe anywhere else. She is afraid of corners among other things. She doesn't need much: just a few drops of rain and an apple a day. Apples might be her most favourite thing, despite the fact that they are not yellow. She's partial to yellow. Her least favourite thing is the sound of the Hadada ibises... no, the dark... no, definitely the ibises, but also the dark, what dreams may come, and the thought of not being enough.

Content warnings: themes of mental illness, images of physical restraint, loud noises, flickering light.



Yasmin

created and performed by Sook Kuan Tang

A glimpse into Yasmin, an early chapter of a solo performance exploring motherhood, critical illness, and the fragile truths

between life and loss. Through laughter, tender reflection and moments of luminosity, we follow a woman in an interfaith marriage as she meets her body, her choices and the moral weight of decisions at life's edge.

Blurring boundaries between performer and character, the piece invites the audience into a delicate space—where presence, courage, and the fleeting beauty of being fully alive quietly unfold...

How do we choose between love and letting go?

Content warnings: contains a high pitched sound, themes of critical illness, family conflict, and emotionally intense moments that may be sensitive for some viewers.



as above, as above, so below

created and performed by Pat Dynowska and Corinne Soland

welcome to the alchemical workshop where souls are distilled and spirits transmuted. two are hard at work blending oil, purifying salt and balancing water – until they begin to remember things left over in between.

Content warnings: explicit language, depiction of mutilated human body parts.

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