



How to get support for Sexual Misconduct and Harassment

If you have been affected by sexual misconduct or harassment you may want to seek support outside of RADA.

The following information provides you with local and national organisations that can help.

Help after rape and sexual assault

If you've been sexually assaulted it's important to remember that it was not your fault. Sexual violence is a crime, no matter who commits it or where it happens. Don't be afraid to get help.

There are services that can help if you've been sexually assaulted, raped or abused. You don't have to report the assault to the police if you don't want to. You may need time to think about what has happened to you.

What does the law say?

- ◆ Rape and sexual assault can happen to anyone – regardless of age, gender, sexual orientation or ethnicity.
- ◆ Rape is when someone puts their penis into (penetrates) the vagina, anus or mouth of another person without their consent.
- ◆ Assault by penetration is when someone puts another part of their body – or an object – into another person's vagina or anus without that person's consent.
- ◆ Sexual assault is when someone touches another person in a sexual way, without that person's consent.

Remember: if it isn't your choice, you haven't given consent.

<https://www.nhs.uk/live-well/sexual-health/help-after-rape-and-sexual-assault/>



Help after rape and sexual assault - NHS

www.nhs.uk

Other places you can get help include: a doctor or practice nurse at your GP surgery; a voluntary organisation, such as Rape Crisis, Women's Aid, Victim Support, The Survivors Trust or Male Survivors Partnership; the 24-hour freephone National Domestic...

The Havens

The Havens are specialist centres in London for people who have been raped or sexually assaulted.

Open: 24 hours a day, 365 Days a year

Contact: Phone 020 3299 6900

<https://www.thehavens.org.uk/how-we-can-help/what-is-rape-sexual-assault/>

What is rape & sexual assault? | The Havens

www.thehavens.org.uk

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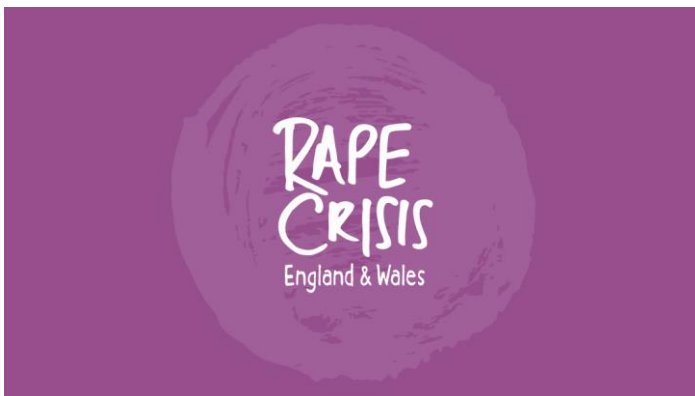
How we can help | The Havens

www.thehavens.org.uk

We're here to help you if you've been raped or sexually assaulted in the past 12 months.. You can call us 24 hours a day, seven days a week, for an initial assessment.. When we need to see you urgently, such as for a forensic medical examination (FME...

Rape Crisis

<https://rapecrisis.org.uk/>



Rape Crisis England & Wales

rapecrisis.org.uk

Get help and support after rape, sexual assault, sexual abuse or any form of sexual violence. We are the charity working to end sexual violence and abuse.

Rape Crisis for Men and Boys

<https://rapecrisis.org.uk/get-help/support-for-men-and-boys/>



Support for men and boys | Rape Crisis England & Wales

rapecrisis.org.uk

At Rape Crisis England & Wales, we believe that all victims and survivors deserve specialist support.. Although our main focus is on women and girls, we fully recognise that men and boys also experience sexual violence and abuse – and that it can hav...

Reporting rape or sexual assault to the police

<https://www.met.police.uk/advice/advice-and-information/rsa/rape-and-sexual-assault/how-to-report-rape-and-sexual-assault/>

How to report rape and sexual assault | Metropolitan Police

www.met.police.uk

Report online. If you'd like to report online, rather than speaking to an officer by telephone in the first instance, you can securely and confidentially report rape or sexual assault to us online.. All reports made using this service are reviewed by...

Local Police Station to RADA with open front counter

Charing Cross Police Station

Agar Street
WC2N 4JP

Police Station opening times

24 hours a day

Charing Cross Police Station on [Google Maps](#)

Other Helpful links

Samaritans

Samaritans Open: 24 hours a day, 365 days a year

The Samaritans provide a 24 hour listening service.

Phone: 116 123

Web: www.samaritans.org

National Domestic Violence

National Domestic Violence Open: 24 hours a day, 365 days a year

The Freephone 24 Hour National Domestic Violence Helpline.

Contact: 0808 2000 247

Web: www.nationaldomesticviolencehelpline.org.uk

This form is for any student, staff member or any other contact of RADA. If you have a concern, current or historical, please let us know. You can report a concern that affects you directly, or a concern you might have about someone else.

[RADA Report a Concern](#)